

# Cultural Daily

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## How Can CBD Oil Make Your Horse Smile Again?

Our Friends · Thursday, April 29th, 2021

### **Even if you're a sceptic, it's worth learning about it**

Many veterinarians and equestrians have recently claimed openness to try CBD oil for their horses. The truth is you are not alone. A lot of research has been carried out and the results are more than promising. It has been proven that CBD can maintain the horses' overall health condition and boost the quality of their life.

Though horses are known as valiant and outstanding creatures, they may also suffer from mental and physical exertion. So, it's quite normal for them to be prone to such health issues as arthritis, inflammation, anxiety, chronic stress, digestive problems, soreness and stiffness and many more. Equestrians would go to all extremes to ensure their animals lead a healthy, happy and pain-free life. Unfortunately, the prescribed medications are sure to cause many side-effects, which sometimes are far more upsetting than the disease itself. Some good news! Hemp CBD has come to help the horse-lovers care for their beloved animal's health, aid their natural metabolic and speedy recovery after a hard day of exercise and support their mobility and joint function.

### **What CBD is and How It Works for Your Horse?**

CBD is one of the many active chemical compounds found in the *Cannabis Sativa* plant called cannabinoids. Both the hemp and marijuana plants belong to the *Cannabis* genus; however, hemp contains less than 0.3% THC levels, the latter known to be responsible for getting "high" off. So, it goes without saying that CBD is safe, non-toxic, non-addictive and is not likely to cause any psychoactive effects. On the contrary, it has a wide range of therapeutic effects and provides one of the major keys to long-term wellness. It does this naturally by supplementing the vitally important endocannabinoid system. This system, in fact, is found in all mammals and it is the CBD and other cannabinoids that activate it. The process is made possible by stimulating the cannabinoid receptors in the brain. In the long run, [CBD oil](#) systematizes the pain levels, immunity, appetite, sleep cycle, and last but not the least, the mood of your beloved four-legged companions.

### **A Disguised Help is on its Way**

Being quite different from our pets, horses are more likely to develop a number of health issues and thus need a special care. So, without further ado we will delve into the ways CBD can help horses get rid of pains and stresses and bounce back easily and quickly.

### **Soothing pain**

One of the outstanding things about CBD oil is that it can make a world of difference in reducing the pain. Arthritis, or, to put it more simply, joint inflammation can disturb both people and horses as they get older. However, [statistics](#) has shown that it is affecting horses irrespective of their age. As a result, the joints lose flexibility and become painful, stiff and swollen. Thus, CBD oil stands out as the most effective cure in combatting this situation. It simply targets the brain sensors that are responsible for causing pain and blocks their functioning. Thus, it acts as a natural pain killer and in the end prolongs the lifespan of your horse. It's all good, but the best is yet to come...

### **Improving psychological well-being**

CBD, actually, is great in reducing anxiety and stress. Horses are apt to undergo stress and anxiety. The animal may manifest a sudden decline of appetite, a change in mood and unwillingness to lead an active life. These are the situations which cannot be overlooked and need expert handling. If left untreated, a more serious disorder, namely depression, can follow. Here comes the CBD oil with its life-altering effects. So, break the stigma and help your beloved animal get out of that and start to enjoy life. He deserves a better life!

### **Strengthening the digestive system**

Actually, horses are very likely to develop digestive problems, such as vomiting, nausea, bloating, and lack of appetite. The possible reason for all this can be the fact that they live on a grain diet. This mostly affects the breeds that are used for racing. As a result of indigestion, they cannot get the necessary nutrients from the food. The best remedy for this is surely CBD oil which will help the animal to leverage the benefits of food. You can give pure and organic CBD oil with water or food, and in a very short time, you will notice tangible improvement. Besides, CBD oil can kill two birds with one stone. It can help the animal get rid of allergies and prevent their further development.

### **Filling the nutrient gap**

Nowadays, an increasing number of equestrians are including CBD oil in the diets of their horses. As a matter of fact, it serves as a supplement due to its rich nutrient features and the all-important essential omega-3, omega-6 and omega-9 fatty acids as well as vitamins A, C, D, E and K.

### **Administering CBD Oil for Horses**

CBD oil can be given to horses in a number of ways, of which the easiest and most effective one is either by means of either droppers or syringes directly on the horse's tongue. Besides, it can also be added as a supplement to the animal's diet as we have stated above. One more way of administering CBD oil is applying it directly to the inflamed or injured part to alleviate the pain.

### **Bottom Line**

Everyone is anxious about the health of their pets and animal companions. So, you do not need to worry any more as CBD oil products have already taken the lead. They will help both equestrians and their companions to enjoy life to its fullest.

[Buying CBD oil](#) can be one and only solution to a number of problems and ailments listed above.

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But what is more it can a preventive measure to combat the developing diseases, to manage chronic conditions and avoid any further health problems.

*Photo by [Helena Lopes](#) from [Pexels](#)*

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