

# Cultural Daily

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## How-To for Lucid Dreams

Cultural Daily · Thursday, October 18th, 2012

Some of the world's most creative people experience lucid dreams — Salvador Dali, Christopher Nolan, James Cameron, the Wachowskis, Albert Einstein, A.E. Van Vogt, Mary Shelly, Stephen King and Edgar Allan Poe, to name a few.

Can you apply this technique to enhance your own creative output? Here's a short video to get you started.

*(Our thanks to [Guy Kawasaki](#) for tipping us to this video.)*

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