
Cultural Daily

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Spring Activity Ideas for the Family

Our Friends · Sunday, April 11th, 2021

Now that the weather is getting nicer and the sun is slowly starting to come out more, you might be thinking about what to do with the family. You've been inside your home for a long time, shielding from the cold winter and social distancing due to the COVID-19 pandemic. To say that this past year has been a challenge would be an incredible understatement. Finally vaccines are rolling out and there appears to be a light at the end of the tunnel. However, the pandemic is nowhere near to being over.

You're looking for activities to do that are fun but at the same time COVID friendly and safe for the family. Read on to discover our list of exciting spring activities to try with the family that are appropriate for the current times.

Go Fly a Kite

Did you know that kite flying has been around since 200 BCE? The first recorded kites came out of the Warring States Period [in ancient China](#), and the activity is practiced today. You can learn how to make your own kites or order one from your favourite online retail store. Wait for a windy day and take it to an open field, a park, or somewhere away from the urban sprawl. Watch as your beautiful kite flutters in the sky and follow its path as it navigates the air. Such a simple exercise is simultaneously relaxing and entertaining.

Something is calming about seeing something fly above you while anchored by your hands. Furthermore, it's something that doesn't require being around many people. You and your family can enjoy the outside without bumping into others.

Make Your Own Facial Masks

Wearing a facial mask in public spaces is still a requirement in most parts of the world. The reality is that masks are going to be part of our daily routines for a long time. And, you can never have enough of them. Since you and the family will need masks for the foreseeable future, why not make your own?

Have you ever seen someone on the street with a unique facial covering — one with a striking print or design? You looked for it online and in stores, but you can't seem to pin that one down anywhere. They may have made the mask themselves.

You can create your own [custom printed face masks](#) by working with a reputable screen-printing

company. Get the kids together one day for a mask-designing afternoon. Brainstorm creative ideas and consider patterns that will match each other's clothing and style. Find an online company that allows you to upload your artwork so you can get a free estimate.

Take a Hike

Take the family out of the city and embrace all of nature's beauty by hiking in the woods. Find a hiking path in your area, get out [those hiking boots](#), and start walking. It will feel so lovely to get away from it all while also getting an excellent workout.

Prepare yourself this spring by making customized facial masks, and get outside with the family to enjoy the sunshine. Before you know it, you'll be enjoying those hot, lazy days of summer.

Photo by [Gustavo Fring](#) from [Pexels](#)

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